Mosinee Community Education/Activities School District of Mosinee 146001 State Highway 153 Mosinee, Wisconsin 54455 www.mosineeschools.org

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	Home Address:			
	City:			State:
	Email:	one: (Home)		
	Course Title	Day	Time	Start Date
(LNI				
ASE PRINT)				

Release and Consent: Students taking Mosinee Community Education courses are required to sign this form releasing the Mosinee School District from liability for injury or loss. Each student is expected to procure their own personal insurance coverage or to otherwise be responsible for any injury or loss. The undersigned hereby agrees to release the Mosinee School District and all of its trustees, instructors, agents, contractors, and/or employees from any and all liability or claim for loss or damage including costs, expenses, and attorney fees arising from any actual or alleged property damage or loss or any personal injury including death, directly or indirectly arising from any activities which are undertaken from:

Location

TOTAL:

Signature: Date:

Mail to: Mosinee Community Education • 1000 High Street • Mosinee, Wisconsin 54455

Questions or For More Information: mpozorski@mosineeschools.org



Mosinee Community Education

Sept./Oct./Nov./Dec. 2024 -

CLASS SCHEDULE

Community Education Offerings

Mosinee Community Education is interested in hearing from community residents about classes/activities they would like to see offered. If you have ideas about new programs or suggested changes to existing programs, please contact Community Education at 693-2550, Ext. 3696.

Everyone Learns... Everyone Teaches

Consider teaching a Mosinee Community Education class. Everyone has a special skill or talent they can share with others. Teaching certification not required. Please call 693-2550, Ext. 3696.

For More Information:

Michelle Pozorski, Mosinee Community Education 715-693-2550, Ext. 3696 mpozorski@mosineeschools.org

mosineeschools.org/community

- SEPTEMBER -	
Saturday, Sept. 7Zumba	9:00am - 10:00am
Tuesday, Sept. 10 Fall Golf Lessons	5:30pm - 6:30pm
Tuesday, Sept. 10 DIY Leather Earrings	
Tuesday, Sept. 10 Strength Training for 50+	4:30pm - 5:30pm
Tuesday, Sept. 10 Stepping On	9:30am - 11:30am
Thursday, Sept. 12 Strength Training for 50+	4:30pm - 5:30pm
Thursday, Sept. 12Pizza Workshop	6:00pm - 8:00pm
Thursday, Sept. 12 Beginners Crochet	6:00pm - 8:00pm
Tuesday, Sept. 17 Paint Your Own Gnome - Family Base	5:30pm - 7:30pm
Tuesday, Sept. 17 Acrylic Painting - Campfire	5:00pm - 8:00pm
Wednesday, Sept. 18 Bringing Plants Inside	6:00pm
Saturday, Sept. 21 Zumba	9:00am - 10:00am
Tuesday, Sept. 24 Needle Felted Animals	6:00pm - 8:00pm
Thursday, Sept. 26Crochet 2	
Thursday, Sept. 26 Zumba	6:15pm - 7:15pm
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- OCTOBER -.Beginners Knitting6:00pm - 8:00pm Thursday, Oct. 3 Saturday, Oct. 5 Monday, Oct. 7 Paint Your Own Gnome - Fall Outfits 5:30pm - 7:30pm Tuesday, Oct. 15 Acrylic Painting - Tropical Fish 5:00pm - 8:00pm

– NOVEMBER –						
Saturday, Nov. 2 Zumba	9:00am - 10:0	30am				
Monday, Nov. 4 Paint Your Ow	n Gnome - Holiday Outfits 5:30pm - 7:3	30pm				
Thursday, Nov. 7 Zumba	6:15pm - 7:1	15 _{pm}				
Tuesday, Nov. 12DIY Leather Ea	arrings)0pm				
Tuesday, Nov. 12Beginners Basl	sket Coiling 6:00pm - 8:0)0pm				
Tuesday, Nov. 12 Acrylic Paintin	ng - Fall Theme)0pm				
Wednesday, Nov. 13 Croatia Travel	Tips 6:00pm - 8:0)0pm				
Saturday, Nov. 16 Zumba	9:00am - 10:0)0 am				
Tuesday, Nov. 19Basket Coiling	g 2 6:00pm - 8:0)0pm				
Wednesday, Nov. 20 Houseplants	6:00pm - 7:3	30 _{pm}				
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		- DECLITOLIK -	
	Monday, Dec. 2	Paint Your Own Gnome - Winter Outfits	5:30pm - 7:30pm
		Strength Training for 50+	
	Thursday, Dec. 5	Strength Training for 50+	4:30pm - 5:30pm
	Thursday, Dec. 5	Mini Memory Quilt Ornaments	6:00pm - 8:00pm
	Saturday, Dec. 7	Zumba	9:00am - 10:00am
	Tuesday, Dec. 10	Acrylic Painting - Christmas Theme	5:00pm - 8:00pm
		Zumba	
		.Terrariums	
l	Thursday, Dec. 19	Christmas Cookies	6:00pm - 8:00pm

*** Complete class descriptions inside. ***

Pre-registration is required no later than one week prior to class. We reserve the right to cancel any program due to insufficient enrollment.

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Instructor will collect payment before class.

Date: Saturday, September 7

Time: 9:00am - 10:00am

Location: MES Gym Fee: \$10

Fall Golf Lessons - 5 Sessions

Customized lessons for the beginner or to improve your game.

*Golf clubs required. Minimum of 8 students.

Start Date: Tuesday, September 10

Time: 5:30pm - 6:30pm **Location:** Indianhead Golf Course

DIY Leather Earrings - 1 Session

Fee: \$45

Pick a design and make leather earrings. Learn die cutter techniques, hole punching and assembly.

*Minimum of 5, maximum of 15.

Date: Tuesday, September 10 Time: 6:00pm - 9:00pm

Fee: \$30 **Location:** Creske Library

Strength Training for 50+ 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Tuesday, September 10 **Time:** 4:30pm - 5:30pm

Location: MSD Fitness Center Fee: Free

Stepping On - 7 Sessions

Presented by ADRC and Aspirus, Certain medications, vision and hearing problems can increase fall risks. Learn about strength and balance and how to avoid hazards in your home from the experts: physical therapist, pharmacist, optometrist and community safety expert. Registration required.

Start Date: Tuesday, September 10

Time: 9:30am - 11:30am

Location: St. John's Lutheran Church **Fee:** Free

Strength Training for 50+ 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Thursday, September 12 Time: 4:30pm - 5:30pm

Location: MSD Fitness Center Fee: Free

Pizza Workshop - 1 Session

From dough to oven – learn the art of pizza making in this hands-on class. All supplies provided.

*Fundraiser for the Foods Classroom

Date: Thursday, September 12 **Time:** 6:00pm - 8:00pm Location: MHS Room 404

Fee: \$20

Beginners Crochet - 1 Session

Learn the basics of crochet and make a dish cloth.

*Instructor will collect payment before class.

*Size H crochet hook and a skein of worsted weight cotton yarn (Lily's Sugar and Cream yarn or similar) required.

Date: Thursday, September 12 **Time:** 6:00pm - 8:00pm

Location: Creske Library Fee: \$20

Paint Your Own Gnome -Family Base - 1 Session

Create a custom gnome family. Paint the family base, then paint additional outfits in future monthly sessions. All supplies provided.

*Additional gnomes can be added for \$10 each. **Email for registration form and photos of painted

gnome/outfit examples. ***Registration due by September 10, 2024. ***

Date: Tuesday, September 17 **Time:** 5:30pm - 7:30pm

Location: MHS FabLab **Fee:** \$40

Acrylic Painting - 1 Session

Amy Anderson from Create A-Way Art will teach you how to create the canvas print – *Campfire*. All supplies provided.

*Minimum of 6 students.

Date: Tuesday, September 17 Time: 5:00pm - 8:00pm

Location: MHS Cafeteria Fee: \$35

Bringing Plants Inside - 1 Session

As the nightly temperatures turn cold, it is time to bring plants inside, a transition that can be very stressful on plants. This session will cover tips including light, fertilizer, pests, and watering.

Date: Wednesday, September 18

Time: 6:00pm

Location: Creske Library

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Instructor will collect payment before class.

Fee: Free

Fee: \$10

Date: Saturday, September 21 Time: 9:00am - 10:00am

Location: MES Gvm

Needle Felted Animals - 1 Session

Needle felt a 3D animal. All supplies provided. *Instructor will collect payment before class.

Date: Tuesday, September 24 **Time:** 6:00pm - 8:00pm

Location: Creske Library Fee: \$25

Crochet 2 - 1 Session

Learn to make granny squares.

*Instructor will collect payment before class. **Class requires basic skills, size H crochet hook and

worsted yarn.

Date: Thursday, September 26 Time: 6:00pm - 8:00pm

Location: Creske Library Fee: \$20

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Instructor will collect payment before class.

Date: Thursday, September 26 **Time:** 6:15pm - 7:15pm

Location: MES Gvm **Fee:** \$10

Beginners Knitting - 1 Session

Learn the basics of knitting.

*Instructor will collect payment before class. **Class requires size 8 needles and one skein worsted yarn.

Date: Thursday, October 3 **Time:** 6:00pm - 8:00pm

Location: Creske Library Fee: \$20

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Instructor will collect payment before class.

Date: Saturday, October 5 Time: 9:00am - 10:00am

Location: MES Gym **Fee:** \$10

Paint Your Own Gnome -Fall Outfits - 1 Session

Paint the fall outfits for your gnome family. Choose from witches, sunflowers and pumpkins. All supplies provided.

*Gnome family base can be purchased at this class. **Email for photos of painted outfit examples.

Date: Monday, October 7 **Time:** 5:30pm - 7:30pm

Location: MHS FabLab Fee: \$20

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Instructor will collect payment before class.

Date: Thursday, October 10 Time: 6:15pm - 7:15pm Location: MES Gym

Fee: \$10

Acrylic Painting - 1 Session

Amy Anderson from Create A-Way Art will teach you how to create the canvas print - Tropical Fish. All supplies provided

*Minimum of 6 students. Date: Tuesday, October 15

Time: 5:00pm - 8:00pm

Location: MHS Cafeteria Fee: \$35

DIY Leather Earrings - 1 Session

Pick a design and make leather earrings. Learn die cutter techniques, hole punching and assembly.

*Minimum of 5, maximum of 15. Date: Tuesday, October 15

Time: 6:00pm - 9:00pm **Location:** Creske Library **Fee:** \$30

iPhone Basics - 1 Session

Learn about all of the amazing things your iPhone

*iPhone users only. No other platforms will be covered.

Date: Wednesday, October 16 **Time:** 6:00pm - 8:00pm

Location: Creske Library **Fee:** \$5

Knitting a Hat - 2 Sessions

Session 1 covers mastering double point needles and knitting the brim and body of the hat. Session 2 covers decreasing and finishing.

*Instructor will collect payment before class. **Start Date:** Thursday, October 17

Time: 6:00pm - 8:00pm **Location:** Creske Library Fee: \$40

Paper Mill Tour - 1 Session

Tour the Mosinee location of the Ahlstrom Paper Mill, a leading employer in Mosinee for over 100 years. This

walking tour will take you inside the facility and teach you the papermaking process.

*Registration required. Maximum of 30. Minimum age of 12 years old, must be accompanied by an adult. Wear closed toe shoes, no shorts, no jewelry. All PPE will be provided. Enter at the visitor entrance.

Date: Thursday, October 17 Time: 2:00pm - 3:30pm

Location: Ahlstrom Paper Mill Fee: Free

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Instructor will collect payment before class.

Date: Saturday. October 19 Time: 9:00am - 10:00am

Location: MES Gym Fee: \$10

Strength Training for 50+ 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Tuesday, October 22 Time: 4:30pm - 5:30pm **Location:** MSD Fitness Center

Forcing Bulbs - 1 Session

Prepare bulbs now to enjoy tulips, hyacinths, and crocus indoors as a winter flowering treat. Class covers bulb selection, planting, cold treatment and growing.

Fee: Free

Date: Wednesday, October 23 Time: 6:00pm - 7:30pm

Location: Creske Library Fee: Free

Strength Training for 50+ 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Thursday, October 24 Time: 4:30pm - 5:30pm

Location: MSD Fitness Center Fee: Free

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Instructor will collect payment before class.

Date: Saturday, November 2 Time: 9:00am - 10:00am

Location: MES Gvm Fee: \$10

Paint Your Own Gnome -Holiday Outfits - 1 Session

Paint the holiday outfits for your gnome family. Choose from pilgrims and elves. All supplies provided. *Gnome family base can be purchased at this class.

**Email for photos of painted outfit examples.

Date: Monday, November 4 Time: 5:30pm - 7:30pm Location: MHS FabLab Fee: \$20

Zumba - 1 Session

loin the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Instructor will collect payment before class.

Date: Thursday, November 7 Time: 6:15pm - 7:15pm

Location: MES Gym **Fee:** \$10

DIY Leather Earrings - 1 Session

Pick a design and make leather earrings. Learn die cutter techniques, hole punching and assembly.

*Minimum of 5, maximum of 15.

Date: Tuesday, November 12 **Time:** 6:00pm - 9:00pm

Location: Creske Library **Fee:** \$30

Beginners Basket Coiling

1 Session

Learn the basics of basket coiling. All supplies provided.

*Instructor will collect payment before class. **Date:** Tuesday, November 12

Time: 6:00pm - 8:00pm **Location:** Creske Library

Fee: \$30

Acrylic Painting - 1 Session

Amy Anderson from Create A-Way Art will teach you how to create the canvas print - Fall Theme. All supplies provided.

*Minimum of 6 students. **Date:** Tuesday, November 12 Time: 5:00pm - 8:00pm

Location: MHS Cafeteria **Fee:** \$35

Croatia Travel Tips - 1 Session Mike Miller will share his experience traveling to

Croatia. **Date:** Wednesday, November 13

Time: 6:00pm - 8:00pm

Location: Creske Library Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Instructor will collect payment before class.

Fee: Free

Fee: \$30

Fee: Free

Date: Saturday, November 16 Time: 9:00am - 10:00am

Fee: \$10 Location: MES Gym

Basket Coiling 2 - 1 Session Take baskets to the next level with pattern and color.

*Instructor will collect payment before class.

Beginners Basket Coiling required. **Date: Tuesday, November 19 Time: 6:00pm - 8:00pm

Location: Creske Library

Houseplants - 1 Session

Learn skills needed to successfully keep indoor greenery flourishing. Topics include: key factors to keep indoor plants thriving, common pests, and the concept "Right Plant, Right Place."

Time: 6:00pm - 7:30pm **Location:** Creske Library

Date: Wednesday, November 20

Paint Your Own Gnome -Winter Outfits - 1 Session

Paint new outfits for your gnome family. Choose from winter and sports. All supplies provided. *Gnome family base can be purchased at this class. **Email for photos of painted outfit examples.

Date: Monday, December 2 Time: 5:30pm - 7:30pm

Location: MHS FabLab Fee: \$20

Strength Training for 50+

6 Sessions Learn how to use the fitness center equipment and

develop a routine for staying fit and active. **Start Date:** Tuesday, December 3

Time: 4:30pm - 5:30pm

Location: MSD Fitness Center Fee: Free

Strength Training for 50+ 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Thursday, December 5

Time: 4:30pm - 5:30pm

Location: MSD Fitness Center Fee: Free

Mini Memory Quilt Ornaments 1 Session

Learn to make a mini memory guilt ornament. Bring in scraps of fabric, or use supplied fabric. *Instructor will collect payment before class.

Basic sewing skills required. **Date: Thursday, December 5

Time: 6:00pm - 8:00pm Fee: \$25 **Location:** Creske Library

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities.

*Instructor will collect payment before class. **Date:** Saturday, December 7 Time: 9:00am - 10:00am

Location: MES Gvm Fee: \$10

Acrylic Painting - 1 Session Amy Anderson from Create A-Way Art will teach you how to create the canvas print - Christmas Theme.

All supplies provided. *Minimum of 6 students.

> **Date:** Tuesday, December 10 **Time:** 5:00pm - 8:00pm

Location: MHS Cafeteria

Zumba - 1 Session Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities.

Fee: \$35

Fee: \$10

Fee: Free

*Instructor will collect payment before class. **Date:** Thursday, December 12

Time: 6:15pm - 7:15pm

Location: MES Gym Terrariums - 1 Session

Learn about terrariums: containers, growing medium, plant selection, tools, accessories, assembly, design, maintenance, watering, pruning, and plant replacement. Date: Wednesday, December 18

Time: 6:00pm - 7:30pm **Location:** Creske Library

Christmas Cookies 1 Session Learn to make delicious cookies using all the latest Pampered Chef supplies. All supplies provided.

*Samples and door prizes given away. *Minimum of 6 students.

Date: Thursday, December 19 **Time:** 6:00pm - 8:00pm

Location: MHS Room 404 **Fee:** \$10