Mosinee Community Education/Activities School District of Mosinee 146001 State Highway 153 Mosinee, Wisconsin 54455 www.mosineeschools.org

Mosinee Community Education

January - May 2025 -



Saturday, Mar. 1

Monday, Mar. 3

Wednesday, Mar. 5.....

Community Education Offerings

Mosinee Community Education is interested in hearing from community residents about classes/activities they would like to see offered. If you have ideas about new programs or suggested changes to existing programs, please contact Community Education at 715-693-2550, Ext. 3696.

Everyone Learns... Everyone Teaches

Consider teaching a Mosinee Community Education class. Everyone has a special skill or talent they can share with others. Teaching certification not required. Please call 715-693-2550, Ext. 3696.

For More Information:

Michelle Pozorski, Mosinee Community Education 715-693-2550, Ext. 3696 mpozorski@mosineeschools.org mosineeschools.org/community

Thursday, Mar. 6..... Tuesday, Mar. 11 Wednesday, Mar. 12 Thursday, Mar. 13..... Saturday, Mar. 15 Tuesday, Mar. 18

Saturday, Apr. 5 Tuesday, Apr. 8
Thursday, Apr. 10
Tuesday, Apr. 15
Tuesday, Apr. 15
Thursday, Apr. 17 Thursday, Apr. 17
Thursday, Apr. 24
Saturday, Apr. 26

			State:	Zip:	
	Pho	Phone: (Home)		(Work)	
Course Title	Day	Time	Start Date	Location	Fee
				TOTAL:	

liability for injury or loss. Each student is expected to procure their own personal insurance coverage or to otherwise be responsible for any injury or loss. The undersigned hereby agrees to release the Mosinee School District and all of its trustees, instructors, agents, contractors, and/or employees from any and all liability or claim for loss or damage including costs, expenses, and attorney fees arising from any actual or alleged property damage or loss or any personal injury including death, directly or indirectly arising from any activities which are undertaken from.

Signature:

Date:

Mail to: Mosinee Community Education • 1000 High Street • Mosinee, Wisconsin 54455 Questions or For More Information: mpozorski@mosineeschools.org

Name

CLASS SCHEDULE

- January -

Monday, Jan. 6 Be	ginners Yoga	5:30pm - 6:30pm
Wednesday, Jan. 8 Be	ginners Yoga	
Saturday, Jan. 11 Zu	mba	
Tuesday, Jan. 14 Sti	ength Training for 50+	
Thursday, Jan. 16 Sti	rength Training for 50+	
Monday, Jan. 20 Be	ginners Yoga	5:30pm - 6:30pm
Tuesday, Jan. 21 Be	ginners Knitting	6:00pm - 8:00pm
Wednesday, Jan. 22Be	ginners Yoga	
Saturday, Jan. 25 Zu	mba	
Thursday, Jan. 30 Mi	ni Memory Quilt Ornaments	6:00pm - 8:00pm

– February –

Saturday, Feb. 1	.Zumba	9:00am - 10:00am
Monday, Feb. 3	Beginners Yoga	5:30pm - 6:30pm
Wednesday, Feb. 5	Beginners Yoga	7:00pm - 8:00pm
Thursday, Feb. 6	Beginners Basket Coiling	6:00pm - 8:00pm
Thursday, Feb. 6	Valentine Dessert Experience	6:00pm - 8:00pm
Tuesday, Feb. 11	Acrylic Painting - Valentine's Day Painter's Choice	5:30pm - 7:30pm
Thursday, Feb. 13	Basket Coiling II	6:00pm - 8:00pm
Saturday, Feb. 15	Zumba	9:00am - 10:00am
Tuesday, Feb. 18	Beginners Crochet	6:00pm - 8:00pm
Thursday, Feb. 20	DIY Doormat	6:00pm - 9:00pm
Tuesday, Feb. 25	Strength Training for 50+	
Wednesday, Feb. 26	Mindset Mastery	6:00pm - 8:00pm
Thursday, Feb. 27	Strength Training for 50+	3:30pm - 4:30pm

– March –

Zumba	
Beginners Yoga Beginners Yoga	7:00pm - 8:00pm
Needle Felt Animals	6:00pm - 8:00pm
Acrylic Painting - Tropical Scene Painter's Choice .	
iPhone Basics	
Needle Felt Landscapes	
Zumba	
Crochet II	6:00pm - 8:00pm

– April –

Zumba	9:00am - 10:00am
Adult Golf Lessons	
Beginners Spinning	6:00pm - 8:00pm
Strength Training for 50+	
Acrylic Painting - Spring Theme	5:30pm - 7:30pm
Strength Training for 50+	
Cooking with Lavender	6:00pm - 8:00pm
Ahlstrom Paper Mill Tour	
Zumba	9:00am - 10:00am
– Mav –	

Tuesday, May 13.......Acrylic Painting - Floral Painter's Choice......5:30pm - 7:30pm

***** Complete class descriptions inside.**

Pre-registration is required no later than one week prior to class. We reserve the right to cancel any program due to insufficient enrollment.

Beginners Yoga - 1 Session

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome. Date: Monday, January 6 Time: 5:30pm - 6:30pm Location: Yoga Room Fee: Free

Beginners Yoga - 1 Session

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome. *Payment collected at class. Dates: Wednesday, January 8 Time: 7:00pm - 8:00pm

Location: Yoga Room Fee: \$12

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. Date: Saturday, January 11 Time: 9:00am - 10:00am **Location:** MHS Cafeteria Fee: Free

Strength Training for 50+ 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staving fit and active. Start Date: Tuesday, January 14 Time: 3:30pm - 4:30pm Location: MSD Fitness Center Fee: Free

Strength Training for 50+ 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active. Start Date: Thursday, January 16 Time: 3:30pm - 4:30pm Location: MSD Fitness Center Fee: Free

Beginners Yoga - 1 Session

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome. *Payment collected at class. Date: Monday, January 20 Time: 5:30pm - 6:30pm Fee: \$12 Location: Yoga Room

Beginners Knitting - 1 Session

Learn the basics of knitting. *Size 8 needles and one skein worsted yarn required. **Payment collected at class. Date: Tuesday, January 21 Time: 6:00pm - 8:00pm Location: Creske Library Fee: \$20

Beginners Yoga - 1 Session

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome.

*Payment collected at class. Dates: Wednesday, January 22

Time: 7:00pm - 8:00pm Location: Yoga Room Fee: \$12

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Payment collected at class. Date: Saturday, January 25 Time: 9:00am - 10:00am **Location:** MHS Cafeteria Fee: \$10

Mini Memory Quilt Ornaments 1 Session

Learn to make a mini memory guilt ornament. Bring in scraps of fabric, or use supplied fabric. All other supplies provided *Basic hand sewing skills required.

**Payment collected at class.

Date: Thursday, January 30 Time: 6:00pm - 8:00pm Location: Creske Library Fee: \$25

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Payment collected at class. Date: Saturday, February 1 Time: 9:00am - 10:00am

Location: MHS Cafeteria Fee: \$10

Beginners Yoga - 3 Sessions

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome. *Payment collected at class. Start Date: Monday, February 3 Time: 5:30pm - 6:30pm Fee: \$30 or Location: Yoga Room

\$12 drop in

Beginners Yoga - 3 Sessions

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome. *Payment collected at class. Start Date: Wednesday, February 5 Time: 7:00pm - 8:00pm Location: Yoga Room Fee: \$30 or \$12 drop in

Beginners Basket Coiling

1 Session Learn the basics of basket coiling. All supplies provided. *Payment collected at class. **Date:** Thursday, February 6 Time: 6:00pm - 8:00pm Location: Creske Library Fee: \$30

Valentine Dessert Experience 1 Session

Join this hands-on class and make a Valentine dessert. All supplies provided. *Monies will be donated to the MHS Foods Dept. Date: Thursday, February 6 Time: 6:00pm - 8:00pm Location: MHS Room 404 Fee: \$20

CLASS DESCRIPTIONS

Acrylic Painting - 1 Session

Basket Coiling II - 1 Session

*Beginners Basket Coiling required.

**Pavment collected at class.

Date: Thursday, February 13

Time: 6:00pm - 8:00pm

Location: Creske Library

Zumba - 1 Session

*Payment collected at class.

Date: Saturday, February 15

**Payment collected at class.

DIY Doormat - 1 Session

Date: Tuesday, February 18

Date: Thursday, February 20

Time: 6:00pm - 9:00pm

Location: MHS Cafeteria

Time: 3:30pm - 4:30pm

Time: 6:00pm - 8:00pm

Location: Creske Library

Time: 9:00am - 10:00am

Location: MHS Cafeteria

reauired.

30" x 18".

6 Sessions

options. All supplies provided.

Date: Tuesday, February 11

Time: 5:30pm - 7:30pm

Location: MHS Cafeteria

Create a Valentine's Day print – choose from several

Take baskets to the next level with pattern and color.

Join the fun, energetic fitness program that's perfect

for al levels. Modify movements to fit your abilities.

Beginners Crochet - 1 Session

Learn the basics of crochet and make a dish cloth.

Paint your own doormat in this workshop. Design

choices: "Hello" / "Last Name" / "Wipe Your Paws" /

"Hello Sunshine". Mats are solid core and measure

*Register by 2/10/25. Class minimum of 10.

Strength Training for 50+

develop a routine for staying fit and active.

Mindset Mastery - 1 Session

*Register by 2/19/25. Class minimum of 5.

Unlock the power of positivity for personal growth.

Start Date: Tuesday, February 25

Location: MSD Fitness Center

**Payment collected at class.

Date: Wednesday, February 26

Time: 6:00pm - 8:00pm

Location: Creske Library

Learn how to use the fitness center equipment and

*Size H crochet hook and a skein of worsted weight

cotton yarn (Lily's Sugar and Cream yarn or similar)

Fee: \$35

Fee: \$30

Fee: \$10

Fee: \$20

Fee: \$37

Fee: Free

Fee: \$15

Strength Training for 50+ 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active. Start Date: Thursday, February 27 Time: 3:30pm - 4:30pm Location: MSD Fitness Center Fee: Free

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities. *Payment collected at class. Date: Saturday, March 1 Time: 9:00am - 10:00am Location: MES Gym Fee: \$10

Beginners Yoga - 4 Sessions

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome. *Payment collected at class. Start Date: Monday, March 3 Time: 5:30pm - 6:30pm Location: Yoga Room

Fee: \$40 or \$12 drop in

Beginners Yoga - 4 Sessions

This class will focus on simple, accessible movements and mindful breathing to help wake up your body with ease. All ages, bodies, and levels are welcome. *Payment collected at class. **Note: The 3rd class will be on Tuesday, March 18, NOT Wednesday, March 19. Start Date: Wednesday, March 5 Time: 7:00pm - 8:00pm Location: Yoga Room

Needle Felted Animals - 1 Session

*Payment collected at class. Date: Thursday, March 6 Time: 6:00pm - 8:00pm Location: Creske Library

Acrylic Painting - 1 Session

Create a Tropical theme print – choose from several options. All supplies provided. Date: Tuesday, March 11 Time: 5:30pm - 7:30pm Location: MHS Cafeteria Fee: \$35

iPhone Basics - 1 Session

Learn to use the functions of your iPhone and get help with your questions.

**iPhone users only. No other platforms will be* covered.

Date: Wednesday, March 12 Time: 6:00pm - 7:30pm Location: Creske Library

Fee: \$5

Acrylic Painting - 1 Session

Create a Spring theme print. All supplies provided Date: Tuesday, April 15 Time: 5:30pm - 7:30pm Location: MHS Cafeteria Fee: \$35

Needle felt a 3D animal. All supplies provided.

worsted yarn. **Payment collected at class. Date: Tuesday, March 18 Time: 6:00pm - 8:00pm Location: Creske Library

Location: MES Gvm

Fee: \$40 or \$12 drop in

*Golf clubs reauired.

Time: 5:30pm - 6:30pm Fee: \$25

*Reaister bv 3/27/25. Start Date: Thursday,

6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active. Start Date: Tuesday, April 15 Time: 3:30pm - 4:30pm Location: MSD Fitness Center Fee: Free

Needle Felted Landscapes

Needle felt a small landscape portrait.

*Payment collected at class.

1 Session

All supplies provided.

Location: MES Gvm

Date: Thursday, March 13	
Time: 6:00pm - 8:00pm	
Location: Creske Library	Fee: \$25

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities.

*Payment collected at class. Date: Saturday, March 15 Time: 9:00am - 10:00am

Fee: \$10

Crochet II - 1 Session

Learn to make granny squares. *Class requires basic skills, size H crochet hook and

Fee: \$20

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities.

*Payment collected at class.

Date: Saturday, April 5 Time: 9:00am - 10:00am

Fee: \$10

Adult Golf Lessons - 5 Sessions

Personalized golf lessons from the staff at Indianhead Golf Course. All levels welcome.

Start Date: Tuesday, April 8 **Location:** Indianhead Golf Course Fee: \$45

Beginners Spinning - 2 Sessions

Learn how to use a drop spindle and make your own yarn to take home. All supplies provided.

Start Date: Thursday, April 10	
Time: 6:00pm - 8:00pm	
Location: Creske Library	Fee: \$60

Strength Training for 50+

Strength Training for 50+ 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active. Start Date: Thursday, April 17 Time: 3:30pm - 4:30pm Location: MSD Fitness Center Fee: Free

Cooking with Lavender

1 Session

Learn to cook with lavender and bring excitement to many recipes. All supplies provided.

*Monies will be donated to the MHS Foods Dept. Date: Thursday, April 17 Time: 6:00pm - 8:00pm

Location: MHS Room 404

Fee: \$20

Paper Mill Tour - 1 Session

Tour the Mosinee location of the Ahlstrom Paper Mill. a leading employer in Mosinee for over 100 years. This walking tour will take you inside the facility and teach you the papermaking process.

*Registration required. Maximum of 30. Minimum age of 12 years old, must be accompanied by an adult. Wear closed toe shoes, no shorts, no jewelry. All PPE will be provided. Enter at the visitor entrance.

Date: Thursday, April 24 Time: 2:00pm - 4:00pm Location: Ahlstrom Paper Mill

Fee: Free

Zumba - 1 Session

loin the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities.

*Payment collected at class. Date: Saturday, April 26 Time: 9:00am - 10:00am Location: MES Gvm

Fee: \$10

Zumba - 1 Session

Join the fun, energetic fitness program that's perfect for al levels. Modify movements to fit your abilities.

*Payment collected at class.

Date: Saturday, May 3 Time: 9:00am - 10:00am Location: MES Gym

Fee: \$10

Acrylic Painting - 1 Session

Create a Floral print – choose from several options. All supplies provided. Date: Tuesday, May 13 Time: 5:30pm - 7:30pm Location: MHS Cafeteria Fee: \$35